




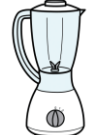
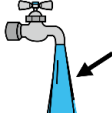

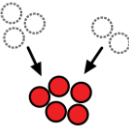
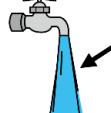


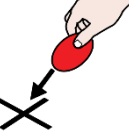
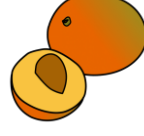





COMO 	FAZER 			
PRIMEIRO: 1 	TRITURE 	AS FRUTAS 	NA LIQUIFICADORA 	COM UM POUCO DE ÁGUA. 
SEGUNDO: 2 	JUNTAR 	A RESTANTE ÁGUA 	E MISTURAR. 	
TERCEIRO: 3 	COLOCAR 	$\frac{1}{2}$ $\frac{1}{2}$	MANGA. 	
QUARTO: 4 	SERVIR 	NUM JARRO 	COM GELO. 