

INGREDIENTES

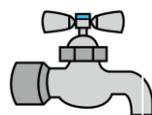
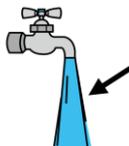


750 ML

DE ÁGUA

DA
TORNEIRA

750 ML



2

MAÇÃS REINETA

2



1

ROMÃ

1



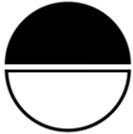
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PAUS DE CANELA

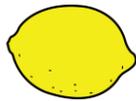
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MEIO



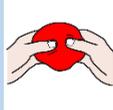
LIMÃO



COMO



FAZER?



PRIMEIRO:

LAVAR

AS MAÇÃS

E CORTAR

EM RODELAS.

1



SEGUNDO:

COLOCAR

AS RODELAS

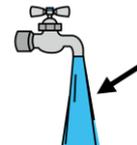
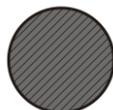
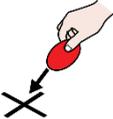
DE MAÇÃS

NUMA TIGELA

COM

ÁGUA

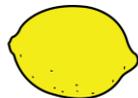
2



DA TORNEIRA

E SUMO

DE LIMÃO.



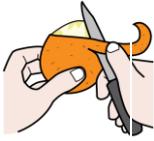
ADAPTAÇÃO REALIZADA POR:

DEPARTAMENTO DE TERAPIA DA FALA; APCB – ASSOCIAÇÃO DE PARALISIA CEREBRAL DE BRAGA
PROJETO “LER + NA PC”

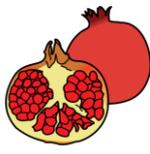
TERCEIRO:

DESCASCAR

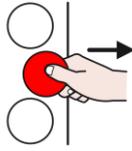
3



A ROMÃ



RETIRAR

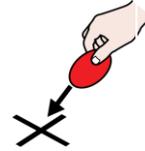


OS BAGOS



E COLOCAR

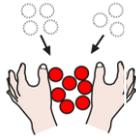
NUMA JARRA.



QUARTO:

JUNTAR

4



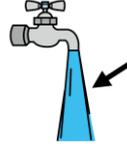
AS RODELAS



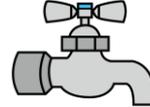
DE MAÇÃ



E A ÁGUA



DA TORNEIRA.



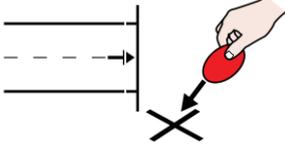
QUINTO:

FINALMENTE

5



COLOCAR



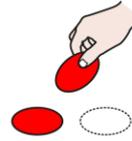
A CANELA



E ESPERAR



PARA FICAR



SABOROSO.

